

AQUATICS

Water Fitness

Monday/Wednesday/Friday

7:30-8:30am Hydromania
8:30-9:30am Hydromania
7:15-8:15am Deep Water Fitness
8:15-9:15am Deep Water Fitness

Monday/Wednesday
Adult Stroke Clinic
1:00pm-2:00pm

Tuesday/Thursday

7:00-8:00pm Hydromania
8:00-9:00am Deep Hydromania
9:00-10:00am Deep Water Fitness
10:00-11:00am Deep Water Fitness
1:00-2:00pm Deep Water Fitness
7:00-8:00pm Deep Water Fitness
9:45-10:45am Easy Does It
1:00-2:00pm Easy Does It
2:00-3:00pm Easy Does It
3:00-4:00pm Easy Does It
9:00-9:45am Arthritis Foundation
2:00-3:00pm Deep Water Running

Saturday

9:00-10:00am Deep Water Fitness
10:00-11:00am Deep Water Fitness



To register online go to www.parkandrec.com and utilize eparks 2.0, or come to the recreation center at 2219 Tyvola Road, Charlotte, NC. 980.314.1300

Swim Lessons

Starfish Swim School Preschool
White/Yellow

Monday/Wednesday

6:20pm-6:50pm
6:55pm-7:25pm

Starfish Swim School Preschool
Blue/Green

5:45pm-6:15pm

Starfish Swim School Elementary

6:35pm-7:20pm

Starfish Swim School Teen Adult Beg

7:30pm-8:15pm

Starfish Stroke School Teen Adult Adv

7:25pm-8:10pm

Tuesday/Thursday

Starfish Swim School

White/Yellow

4:45pm-5:15pm

5:20pm-5:55pm

5:55pm-6:25pm

Starfish Swim School Preschool

Blue/Green

6:30pm-7:00pm

Starfish Swim School Elementary

5:20pm-6:05pm

6:10pm-6:50pm

Saturday

Starbabies/Startots

9:50-10:20 am

10:25-10:55am

11:00-11:30am

Starfish Swim School Preschool

White/Green

8:00am-9:25am

9:30am-10:00am

Starfish Swim School Elementary

Blue/Green

10:10pm-10:50pm

Starfish Swim School Elementary

9:00am-9:45am

10:40am-11:25

12:25-1:10pm

8:10am-8:55 White-Red

11:35pm-12:20pm Intermediate Adv.

11:30pm-12:15pm

Starfish Swim School Teen Adult Beg

7:30pm-8:15pm

Starfish Stroke School Teen Adult Adv

7:25pm-8:10pm



Marion Diehl Recreations Center is located in the South Park-Madison Park area, providing activities for everyone; aquatics, sports, fitness, educational programs and diverse therapeutic recreation programming.

Featured Programs:

Adult Stroke Clinic
Tech 411-Bring your own device
Jumpin Jack and Jill's
Chair Aerobics
Parent's Night Out

Mon/Wed 1-2pm
Tue 4pm, Fri 2pm
Wed/ 11am-11:45am
Thur/10-11am
Fri May 11 5pm-8pm

Open for Registration:

Summer Camp June 18-August 10 (7 Weeks)



Aquatics

Sports

Fitness

Therapeutic Recreation

Check out the Diehl for aquatics, sports, fitness and more.

Marion Diehl Recreation Center


2219 Tyvola Rd,
Charlotte, NC

980-314-1300

www.parkandrec.com

mariondiehlrecreationcenter

@mecklenburgcountync.gov

MAY 2018						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30 Aqua Fitness 7:00-9:30am Open Swim 9:30-2pm TR Adult Cooking 10:00am-12:00pm Adult Stroke Clinic 1:00-2:00pm Special Needs/Lap Swim 2:00-4:00pm TR VIP Fun Club 1:00-3:30pm TR Paralympic Boccia 4:30pm-6:00pm Swim Team/Lap Swim 4:30-7:15 Adult Swim Lessons 7:15-8:20 Adult Volleyball 6:00-8:00p Early Voting Site 10am-7pm	1 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm TR Gift Gardner’s 9:00-12:00pm Yoga 10:00-10:45am Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Swim Lessons 4:00-7:00pm Hydromania 7:00pm-8:00pm Badminton 6:30-8:45pm Early Voting Site 10am-7pm	2 Aqua Fitness 7:00-9:30am TR Creative Arts 9am-1pm Open Swim 9:30-2pm Adult Stroke Clinic 1:00-2:00pm Special Needs/Lap Swim 2:00-4:00pm Swim Team/Lap Swim 4:30-7:15 TR Adult Game Night 5:00-7:00pm TR Goalball 5-6:30 pm Early Voting Site 10am-7pm	3 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm Chair Aerobics 10am-11am Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Small Group Exercise 6:15-7pm Hydromania 7:00pm-8:00pm SENIOR GAMES-Senior Badminton 4pm-8:45 pm Early Voting Site 10am-7pm	4 Aqua Fitness 7:00-9:30am Open Swim 9:30-2:00 TR Sports and More 10:00am-12:00pm Yoga 10:00-10:45am Special Needs/Lap Swim 2-4pm Swim Team/Lap Swim 4:30-7:15 Open/Lap Swim 6:00-7:30 SENIOR GAMES-Senior Badminton 4pm-8:45pm Early Voting Site 10am-7pm	5 TR Dance Club 12:00-1:30pm Special Needs Swim 11-12pm Badminton 11:30-3:45 Open Swim 1:15-3:30pm SENIOR GAMES Early Voting Site 10am-1pm	6 Open Swim 1-4:30pm Winner Stays 1-3pm Pickleball 3pm-5pm
7 Aqua Fitness 7:00-9:30am Open Swim 9:30-2pm TR Adult Cooking 9:00am-12:00pm Adult Stroke Clinic 1:00-2:00pm Special Needs/Lap Swim 2:00-4:00pm Wacky Olympics 4pm-5pm Swim Team/Lap Swim 4:30-7:15 Adult Swim Lessons 7:15-8:20 GYM CLOSED	8 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm TR Gift Gardner’s 9:00-12:00pm Yoga 10:00-10:45am Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Hydromania 7:00pm-8:00pm GYM CLOSED	9 Aqua Fitness 7:00-9:30am Open Swim 9:30-2pm TR Creative Arts 9am-1pm Jumpin Jack and Jill’s 11am-12pm Adult Stroke Clinic 1:00-2:00pm Special Needs/Lap Swim 2:00-4:00pm Swim Team/Lap Swim 4:30-7:15 Lap Swim 5:30-7:15 TR Adult Game Night 5:00-7:00pm GYM CLOSED	10 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm Chair Aerobics 10am-11am Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Hydromania 7:00pm-8:00pm GYM CLOSED	11 Aqua Fitness 7:00-9:30am SENIOR GAMES SWIM MEET 9:00-2:00 TR Sports and More 10:00am-12:00pm Yoga 10:00-10:45am Special Needs/Lap Swim 2-4pm Swim Team/Lap Swim 4:30-7:15 Parent’s Night Out 5-8:30pm Open/Lap Swim 6:00-7:30pm GYM CLOSED	12 Swim Lessons 8am-1:15pm TR Dance Club 12:00-1:30pm Special Needs Swim11-12pm Open Swim 1:15-3:30pm GYM CLOSED	13 Open Swim 1-4:30pm Rental 1-3 GYM CLOSED
14 Open Swim 8:00-5:00pm TR Adult Cooking 10:00am-12:00pm TR VIP Fun Club 1:00-3:30pm Special Needs/Lap Swim 2:00-4:00pm Swim Team/Lap Swim 4:30-7:15 GYM CLOSED	15 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm TR Gift Gardner’s 9:00-12:00pm Yoga 10:00-10:45am Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Hydromania 7:00pm-8:00pm GYM CLOSED	16 Aqua Fitness 7:00-9:30am Open Swim 9:30-2pm TR Creative Arts 9am-1pm Jumpin Jack and Jill’s 11am-12pm Adult Stroke Clinic 1:00-2:00pm Special Needs/Lap Swim 2:00-4:00pm Swim Team/Lap Swim 4:30-7:15 TR Adult Game Night 5:30-7:30pm GYM CLOSED	17 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm Chair Aerobics 10am-11am Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Hydromania 7:00pm-8:00pm GYM CLOSED	18 Aqua Fitness 7:00-9:30am Open Swim 9:30-2:00 TR Sports and More 10:00am-12:00pm Yoga 10:00-10:45am Special Needs/Lap Swim 2-4pm Swim Team/Lap Swim 4:30-7:15 Open/Lap Swim 6:00-7:30 GYM CLOSED	19 Swim Lessons 8am-1:15pm TR Dance Club 12:00-1:30pm TR Teens on the Town Special Needs Swim11-12pm Open Swim 1:15-3:30pm GYM CLOSED	20 Open Swim 1-4:30pm Rental 1-3 GYM CLOSED
21 Aqua Fitness 7:00-9:30am Open Swim 9:30-2pm TR Adult Cooking 10:00am-12:00pm Curious Kids 10-11:00am Adult Stroke Clinic 1:00-2:00pm TR Paralympic Boccia 5:00pm-6:00pm Swim Team/Lap Swim 5:30-7:15 Lap Swim 5:30-7:15 Adult Swim Lessons 7:15-8:20 GYM CLOSED	22 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm TR Gift Gardner’s 9:00-12:00pm Yoga 10:00-10:45am te Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Hydromania 7:00pm-8:00pm GYM CLOSED	23 Aqua Fitness 7:00-9:30am Open Swim 9:30-2pm TR Creative Arts 9am-1pm Jumpin Jack and Jill’s 11am-12pm Adult Stroke Clinic 1:00-2:00pm Special Needs/Lap Swim 2:00-4:00pm TR Adult Game Night 5:00-7:00pm GYM CLOSED	24 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm Chair Aerobics 10am-11am NO CLASS Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Hydromania 7:00pm-8:00pm GYM CLOSED	25 Aqua Fitness 7:00-9:30am Open Swim 9:30-2:00 Yoga 10:00-10:45am Special Needs/Lap Swim 2-4pm Swim Team/Lap Swim 4:30-7:15 Open/Lap Swim 6:00-7:30 GYM CLOSED	26 Swim Lessons 8am-3:30pm TR Dance Club 12:00-1:30pm Special Needs Swim 11-12pm GYM CLOSED	27 Open Swim 1-4:30pm Rental 1-3 GYM CLOSED
28  8am-5pm Open Swim 9:30-2pm GYM CLOSED	29 Open Swim 7:00-9:00am Aqua Fitness 9:00am-11:00pm TR Gift Gardner’s 9:00-12:00pm Yoga 10:00-10:45am Open Swim 11:00-1:00pm Swim Lessons 4:00-7:00pm Aqua Fitness 1:00-4:00pm Hydromania 7:00pm-8:00pm GYM CLOSED	30 Aqua Fitness 7:00-9:30am Open Swim 9:30-2pm Open Swim 7:00am-8:30pm Jumpin Jack and Jill’s 11am-12pm Special Needs/Lap Swim 2:00-4:00pm TR Adult Game Night 5:00-7:00pm GYM CLOSED	31 Open Swim 7:00am-9:00pm TR Schools Out Club Teens 8:30am-4:30pm Chair Aerobics 10am-11am NO CLASS GYM CLOSED	1 Aqua Fitness 7:00-9:30am Open Swim 9:30-2:00 Yoga 10:00-10:45am Special Needs/Lap Swim 2-4pm Swim Team/Lap Swim 4:30-7:15 GYM CLOSED	2 Swim Lessons 8am-3:30pm TR Dance Club 12:00-1:30pm Special Needs Swim 11-12pm GYM CLOSED	3 Open Swim 1-4:30pm GYM CLOSED

Registration #	Program	Day/Time
Adult/Senior Recreation Programs		
Drop in	Adult Volleyball	Mon 6:00-8:00pm
Drop in	Yoga	Tue/Fri 10am
Drop in	Adult Badminton	Tue 6:30pm-8:55
75657-61	Chair Aerobics Jam	Thur Mar 1,8,15,22 10am-11am
Drop in	Tech 411	Tue 4pm,Fri 2pm
Drop in	Pickleball	Thur 6:00-9:00pm
Drop in	Adult Badminton	Sat 11:30pm-3:30 Mar 10 11:30-1:45
Drop in	Winner Stays Basketball	Sun 1-3pm
Drop in	Pickleball	Sun 3pm-5pm
Youth/Preschool Recreation Programs		
	Track and Field Ages 5-19	T or Th/SatMeets 5:30-7pm
78716-20	Jumpin’ Jack and Jill’s	Wed 11am
78708,78710,78711,13,15	Chair Aerobic Jam	Thur 10am
Wk 1 74382 Wk 2 74383 Wk 3 74384 Wk 4 74385 Wk 5 74386 Wk 6 74387 Wk 7 74388	Summer Day Camp Registration	Registration Open Feb 8 at 9am
75684	Parents Night Out (PNO)	Fri May 11 5pm-8pm